



Robins Lane Primary School

Physical Education Curriculum Overview

	Autumn	Spring	Summer
Year 1	<p><u>Gymnastics</u> The unit of work will develop pupils' ability to apply 'champion gymnastics' as they explore movements and balances in wide, narrow and curled ways on the floor and on apparatus. Pupils will experiment moving in a variety of ways understanding the differences between each type of movement. Pupils will transition between the theme words as they move and develop simple sequences, linking movements together. The pupils will finish with a gymnastics competition.</p>	<p><u>Dance</u> The unit of work will challenge pupils to respond to rhythm and patterns through their movements. Pupils will learn how to control and co-ordinate their bodies to perform a motif. In addition, pupils will explore various dynamics and movement qualities as they create movement patterns ensuring their movements are consistently big and clear. The pupils will finish with a dance competition.</p>	<p><u>Athletics</u> In this unit, children will have the opportunity to explore footwork patterns and use varying speeds when running. They will develop their throwing techniques, including underarm, and explore the impact of power when throwing. They will end this unit by exploring jumping and begin to develop their control of jump and landing. The pupils will finish with a KS1 Sports Day.</p>
	<p><u>Dance</u> The unit of work will challenge pupils to respond to the stimulus (different zoo animals) using a range of different, controlled movements showing character expression. Pupils will ensure their movements are big and clear. Pupils will learn how to co-ordinate and control their bodies to perform movements, creating a sequence which developing their curiosity and imagination as they demonstrate their ideas. The pupils will finish with a dance competition.</p>	<p><u>Ball Skills – Hands 2</u> The unit of work will consolidate pupil's ability to accurately roll a ball towards a target applying the correct technique. Pupils will combine their sending and stopping skills, applying their prior knowledge of where we send a ball and why to score points to beat an opponent. Pupils will have to aim carefully in order to score a point to beat an opponent. The pupils will finish with a competition to the finish the unit.</p>	<p><u>OAA – Team Building</u> The unit of work will allow pupils to learn and develop their communication and problem solving skills. They work individually, in pairs and in small groups, learning to take turns, work collaboratively and lead each other. They will learn how to effectively co-operate and communicate with a partner to solve challenges and explore and develop team work skills as a group to solve problems and share ideas.</p>
	<p><u>Ball Skills – Hands 1</u> The unit of work will develop pupils' sending and receiving skills, applying and developing understanding of where we send a ball and why. Pupils will be learn how to send a ball towards a target, applying the correct technique and aiming carefully. Pupils will combine their sending and receiving skills to keep possession. Pupils will explore stopping the ball and develop concentration skills as they focus on the target, their partner and the ball. The pupils will finish with a competition to the finish the unit.</p>	<p><u>Fundamental Movement Skills</u> The unit of work will develop pupils' understanding of how and why we jump, using our head, arms and feet, applying the correct jumping technique. They will focus learning around jumping in different directions, speeds, and levels. Pupils will begin to understand the different reasons when, where and why we jump in different ways whilst using the correct jumping technique. They will also learn how to skip properly. They will then look to out their understanding of jumping and skipping into a game situation. The pupils will finish with a competition to the finish the unit.</p>	<p><u>Games For Understanding</u> The unit of work will develop pupils' ability to apply the principles of attack vs defence, with a particular focus on creating simple attacking tactics in order to move the ball up the court, creating an attack that results in a shooting opportunity. Pupils will learn how to run and stay in a space, changing direction and speed to avoid defenders. They will start to create and apply simple tactics for attacking and defending and understand the importance of rules in a game. The pupils will finish with a competition to the finish the unit.</p>
	<p><u>Ball skills – Feet 1</u> The unit of work will develop pupils' ability to apply effective dribbling skills. They will consolidate their ability to dribble the ball keeping control and moving into spaces. Pupils will develop their understanding of why we need to be accurate when kicking (passing) a</p>	<p><u>Ball Skills – Feet 1</u> The unit of work will consolidate and progress pupils' ability to apply effective dribbling skills.</p>	

	<p>ball. Pupils will be able to collaborate and work together in a team. The pupils will finish with a competition to the finish the unit.</p>	<p>Pupils will further develop their understanding of why we need to be accurate when kicking (passing) a ball. Pupils will be able to collaborate and work together in a team in order to score points in game like situations. The pupils will finish with a competition to the finish the unit.</p>	
Year 2	<p><u>Gymnastics</u> The unit of work will challenge pupils to explore different ways that they can link movements and balances together. Pupils will apply 'champion gymnastics' and be able to perform a sequence on the floor and apparatus focused on; jumps, rolls and balances. They will demonstrate an understanding of the concept of flow and apply this to their developing sequences. The pupils will finish with a gymnastics competition to the finish the unit.</p> <p><u>Dance</u> The unit of work will develop pupil's ability to create and develop their characters, adding movements, expression and emotion to their performance. They will show how to control and coordinate their bodies to perform movements that represent various scenarios. Pupils will be able to create a motif and will develop their motifs with a partner to include some different elements of choreography. They will start to understand the importance of adding drama and emotion to their performance. The pupils will finish with a dance competition to the finish the unit.</p> <p><u>Ball Skills – Hands 1</u> The unit of work will allow the pupils to develop their dribbling in order to keep control and possession of the ball. They will combine dribbling, passing and receiving in order to keep possession of the ball. They will develop dribbling in order to score a point for themselves or as a team and start to understand the importance of moving to help receive the ball in order to score a points. The pupils will finish with a competition to the finish the unit.</p> <p><u>Ball Skills – Feet 1</u> The unit of work will develop pupils dribbling using their feet in order to keep control and possession of the ball. They will learn how to pass and receive using their feet in order to keep possession. The pupils will learn to</p>	<p><u>Dance</u> The unit of work will challenge pupils to use their whole body when creating sequences of movements. Pupils will explore and respond to music as a stimulus. Using various dynamics and movement qualities, pupils will be able to use descriptive language to discuss these various movement qualities. The pupils will finish with a dance competition to the finish the unit.</p> <p><u>Fundamental Movement Skills</u> The unit of work will consolidate pupils jumping and to apply an effective jumping technique. They will consolidate their knowledge of how, where and why we jump in a game. They will learn how to jump in combination and jumping for distance and speeds. They will also refine and develop their skipping technique and bring the learning together into a competition.</p> <p><u>Ball Skills – Hands 2</u> The unit of work will develop pupils' execution of an underarm throw and to extend their understanding of why we need to be accurate when we throw. They will learn how to work in a team, applying their understanding of underarm throwing and the basic principles of attack and defence. They will learn how to use the underarm throw to beat their opponent in a game like situation and be introduced to the overarm throw. The pupils will finish with a competition to the finish the unit.</p> <p><u>Ball Skills – Feet 1</u> The unit of work will develop pupils dribbling using their feet in order to keep control and possession of the ball. They will learn how to pass and receive using their feet in order to keep possession. The pupils will learn to combine dribbling, passing and receiving to score a point with a game like</p>	<p><u>Athletics</u> In this unit, children will further develop their running technique and running action, including choice of pace over distances. They will begin to improve their accuracy in throwing by using a range of targets over increasing distances. They will end this unit by developing their jumping techniques by concentrating on body positioning on take-off. The pupils will finish with a KS1 Sports Day.</p> <p><u>OAA – Team Building</u> In this unit, children will further develop their communication, team building and problem-solving skills. They will learn how to develop negotiating skills and communicate effectively as a team to solve challenges. They will learn how to find the best solution for the challenge and support each other by showing trust and teamwork in solving problems. They learn to discuss, plan and reflect on ideas and strategies and finish by looking at and copying a basic map to plan an effective route.</p> <p><u>Games For Understanding</u> The unit of work will develop pupils understanding of what 'attacking' and 'defending' means and when and why we attack and defend as a team during a game. The pupils will learn that during a game their roll will change from defence to attack and that they need to adapt their role to meet the needs of the game. The pupils will finish with a competition to the finish the unit.</p>

	combine dribbling, passing and receiving to score a point with a game like situation. The pupils will finish with a competition to the finish the unit.	situation. The pupils will finish with a competition to the finish the unit.	
Year 3	<p><u>Gymnastics</u> The unit of work will focus on exploring movements and balances in symmetrical and asymmetrical ways. Pupils will create sequences starting with their symmetrical balance on apparatus, moving out of it, applying a roll and travelling to a new piece of apparatus and ending in their asymmetrical balances applying flow effectively. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Dance</u> The unit of work will challenge pupils to respond to different stimuli being able to sustain characters to add drama and emotion to the dance. They will learn how to execute a wider variety of movements singly and in extended sequences, with a partner. They will then look into how they can add more complex actions into their routines whilst developing their movement vocabulary. Pupils will bring together the choreography to create a final performance in groups. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Basketball</u> The unit of work will explore how to apply the principles of attack vs defence, with a particular focus on passing and moving, dribbling and shooting. Pupils will develop their range of passing by using the chest and bounce pass. Pupils will develop an understanding of how to dribble the ball whilst keeping possession in order to beat an opponent. Pupils will understand how to win the ball back (defending) in basketball. Pupils will learn how to keep possession and eventually score in order to win a modified game. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Hockey</u></p>	<p><u>Dodgeball</u> The unit of work pupils will develop their understanding and application of when, where and why we need to dodge during a game. They will pupils will be introduced to throwing techniques used in dodgeball. They will be introduced to catching and why it is important to catch during game situations. They will learn the importance of when, where and why we need to change direction at speed. The pupils will start to link together dodging and throwing and understand the importance of being on the balls of our feet during game situations. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Handball</u> The unit of work pupils will be introduced to passing and receiving in order to keep possession of the ball in handball. They will be introduced to ways of using pass and moving skills to create space. They will look to combine passing and moving to score points against other teams. They will be introduced to shooting and where they shoot from and why. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Tag Rugby</u> In this unit, children will be introduced to the correct technique for passing in rugby and be able to practice and improve their ability to pass whilst also being able to describe the technique. They will learn how to select the correction direction to pass the rugby ball and develop an understanding of what to do after the ball has been passed. They will learn how to create space to help keep possession</p>	<p><u>Swimming</u> – Swimming is taught by an external provider at the baths.</p> <p><u>Athletics</u> The unit of work will explore how we can use our bodies to run as fast as possible, exploring the correct technique individually and within teams. Pupils will be introduced to a curved track and will start to understand simple changeover tactics. Pupils will also begin to examine how to jump as far as possible and compare throwing accurately with throwing for distance. The pupils will compete in a KS2 Sports Day.</p> <p><u>OAA</u> The unit of work will explore how to orientate a map, locate points on the map, then travel to them and record what they find. Pupils will learn how to collaborate with others and work as a team to complete the challenges.</p> <p><u>Cricket</u> The unit of work will introduce pupils to the concept of battling and fielding. They will be introduced to throwing overarm and will develop and understanding of how, when and why to throw a ball overarm with power and distance. They will understand the importance of how to throw a ball accurately underarm. They will be introduced to catching within cricket and introduced to striking the ball with intent away from fielders to score runs. They will develop an understanding of how to outwit the fielding team by varying speed and direction they strike the ball. To end the unit, they</p>

	<p>The unit of work will introduce dribbling in order to keep control and possession of the ball within hockey. They will look at how to keep control whilst changing direction and consider how they can beat an opponent whilst dribbling. They will be introduced to passing and receiving and how they can win the ball back from the opposition. They will look to combine dribbling and passing together and how to create space. They will be introduced to shooting and where to shoot from in order to increase their chances of scoring. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p>	<p>of the ball. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Football</u> In this unit, children will learn how to use dribble skills with good control to score points with a game like situation. They will learn how to change speed and direction when dribbling and how to evaluate their own dribbling skills. They will learn how to pass the ball accurately when practising and make good decisions when choosing when, where and how to pass within a game. They will think about how moving into space to receive a pass is important and learn how getting into space can help a team to keep possession of the ball. They will learn verbal and non-verbal communication to ask for the ball and understand the role of an attacker and defender. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p>	<p>will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Tennis</u> In this unit, children will learn and develop the key skills required for tennis. They will be able to use the ready position and develop ball control and movements skills. They will develop an understanding of returning the ball using a forehand groundstroke and start to be able to rally using their forehand. They will learn the basics of the two hands backhanded whilst also learning how to score points and how to use skills, simple strategies and tactics to outwit the opposition. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p>
Year 4	<p><u>Gymnastics</u> The unit of work will focus on exploring bridge balances and the ways we can move in and out of them over and under them, on the floor and on the apparatus. Pupils will create sequences combining movements and bridge balances in pairs, applying flow and challenging their creativity. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Dance</u> The unit of work will challenge pupils to explore movement through improvisation, introducing unison and matching. Pupils will sustain their characters to add drama and emotion to the dance. Pupils will apply a canon into their movements when performing to fit a scenario. Pupils will extend their dance skills by using more complex interacting movements, actions and incorporate apparatus. They will look to improve performances by adding two contrasting characters and understand why this might be done within a dance routine. Pupils will finish by creating a performance which will have included stage presence, timing, rhythm and sustained character. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Netball</u></p>	<p><u>Swimming</u> – Swimming is taught by an external provider at the baths.</p> <p><u>Handball</u> The unit of work will develop passing and creating space, where pupils explore transition between attack and defence, whilst working out simple tactics for creating space and keeping possession. They will develop their understanding of not just how they shoot but where, when and why they shoot to increase their chances of scoring. They will combine passing, moving and shooting to create an attack which results in a shot on target against another team. They will be introduced to defending (marking) when they are not in possession and understand why they must win the ball back. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Tag Rugby</u> In this unit, children will learn how to improve their ability to pass accurately and consistently in order to keep possession of the ball. They will further develop their understanding of the correct direction to pass the rugby ball and know when and how to pass and what to do once a pass has</p>	<p><u>Athletics</u> The unit of work will develop pupils' ability to develop their own sprinting technique, analysing their own performance. Pupils will develop their understanding and application of stride length during the middle third of a race to enable us to maintain our speed. Pupils will compare sprinting to running for distance and pacing. The unit will introduce throwing for distance with javelins and how they can use their bodies to throw with greater distance. They will also explore the standing triple jump using a combination of jumps, in particular hop, skip and jump. The pupils will compete in a KS2 Sports Day.</p> <p><u>OAA</u> In this unit, children will further develop their problem solving skills through a range of challenges. Pupils will work more effectively as a pair and small group to plan, solve, reflect and improve on strategies by being able to reflect on their challenges. The children will progress with orientating a map, identify key symbols, follow routes and navigate around a grid accurately and effectively.</p> <p><u>Cricket</u></p>

	<p>The unit of work will develop pupils' ability to apply the principles of attack vs defence, with a particular focus on creating simple attacking tactics in order to move the ball up the court, creating an attack that results in a shooting opportunity. The pupils will apply their passing and moving skills to keep possession whilst exploring the transition between attack and defence. They will look to create simple tactics for creating space in order to retain possession. The pupils will be introduced to the shooting technique and understand where they should shoot from and why. They will learn the footwork rule and how they can be more effective with their feet to increase speed and fluidity of their movements. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Hockey</u> The unit of work will refine pupils' skills in dribbling in order to keep control and possession of the ball and how to beat an opponent. They will look at how they can apply their passing (short and long) and moving skills to keep possession. They will combine their passing and dribbling in order to create shooting opportunities and select sometimes the right position to shoot from. They will be introduced to the concept of defending (intercepting, blocking and tackling) and how this can be applied within a game. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p>	<p>been made. They will learn how to create space by performing good running lines to create space successfully to receive a pass and be introduced to the 'dummy' pass to outwit a defender. They will be introduced to the basic defending tactics and rules and understand why it's important to defend, and how to do this following the rules. They will learn and develop set moves and plans to understand how they increase the changes of scoring. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Football</u> In this unit, children will learn about how to dribble the ball at greater speed and with more changes of direction in teams' games, showing awareness of when to attack and when to defend. Pupils will combine their dribbling and passing skills in game situations and start to evaluate their own teams' performance. They will develop an understanding of how regaining possession is important and how you can intercept and mark the receiving player. They will learn about keeping possession and scoring in attacking situations by making good decisions and how to improve their accuracy and technique when shooting. To finish, the pupils will make good decisions when choosing what's skills and tactical ideas to use, when to use them in game situations and how to communicate effectively to help team mates when they are attacking. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p>	<p>The unit of work develop pupils understanding of batting and fielding. They will understand where, when and why they can apply different physical and cognitive skills when they are batting or fielding. They will be introduced to bowling and exploring different ways of bowling underarm applying them into mini games to prevent the batters from scoring runs. They will learn new ways of stopping and returning the ball to the bowler or wicketkeeper and understand why they need to this quickly and accurately. They will develop their understanding of how, where and why we need to strike the ball to score runs. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Tennis</u> In this unit, children will further develop their ready position and practice underarm feeding. They will learn how to develop ball control using a tennis racket. They will gain confidence in hitting the ball using a forehand shot and be able to return the ball. They will continue to progress their backhand shot and understand when to use it. They will work co-operatively with a partner to keep a continuous rally going and begin to understand simple tactics in a game to out an opponent. To end the unit they will then participate in a Level 1 (Intra) sports competition.</p>
Year 5	<p><u>Swimming</u> – Swimming is taught by an external provider at the baths.</p> <p><u>Gymnastics</u> The unit of work will focus on exploring Counter Balance and Counter Tension balances on the floor and on apparatus. Pupils will create sequences by consistently and accurately applying flow and challenging their creativity. Pupils will focus on the various ways they can construct the sequence and link the balances with movements. They will develop their understanding of how to evaluate and reflect their</p>	<p><u>Dodgeball</u> The unit of work will consolidate their throwing, catching and dodging skills applying these as they create simple tactics for attacking and defending. They will be introduced to blocking and why we might block a ball thrown towards us during a game. The pupils will understand and apply why we need to throw with accuracy and power during game situations. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p>	<p><u>Athletics</u> The unit of work will challenge pupils to consolidate their knowledge, understanding and ability to sprint effectively, individually and within a team. Pupils will consolidate their knowledge, understanding and ability to sprint effectively by evaluating their own and others sprinting technique making suggestions on how they can improve performance in the three phrases of sprinting (start, middle and finish). Pupils will consolidate running as part of a team and</p>

routines identifying their strengths and areas of development to improve their routine. To end the unit, they will then participate in a Level 1 (Intra) sports competition.

Dance

The unit of work will challenge pupils to bring together the different characters and performers that would have formed a 19th Century (1850) circus. Pupils will be able to distinguish between the different performers through clear movements and expression looking at different roles that can be used within a dance. Pupils will be able to perform their circus routine as part of a group. They will consolidate their performances by utilising props and apparatus to extend their characterisation and expression. Pupils will finish by peer assessing each other's work, making valid evaluations on performance, choreography stage presence, timing, rhythm and sustaining character. To end the unit, they will then participate in a Level 1 (Intra) sports competition.

Basketball

The unit of work will challenge pupils to apply their prior learning of passing and moving and dribbling to create attacks that result in a shooting opportunity. Pupils will further develop their passing range by adding the overhead pass to the chest and bounce pass. They will further develop their knowledge of defending (marking) and how this can be done to prevent attacking opportunities for the opposition. Pupils will look into shooting technique and will develop their understanding of where, when and why we shoot. Pupils will be able to develop tactics for both attacking and defending and apply these successfully within their team. They will develop their understanding of the rules and take responsibility for officiating their own games. To end the unit, they will then participate in a Level 1 (Intra) sports competition.

Hockey

The unit of work will challenge pupils to develop an understanding of the rules of hockey and will start to take responsibility for officiating their own games. Pupils will refine their dribbling and passing skills, combining these together to create an attack which leads to a shooting opportunity. They will further

Handball

The unit of work explore the passing styles and pupils will learn where and why other passing styles will be effective and their purpose. They will develop their understanding of defending and how their role changes as soon as they lose possession. They will develop their passing and moving to move the ball up the court, creating an attack that results in a successful shooting opportunity whilst understanding the rules of the game. They will refine their shooting skills to ensure that their shots are accurate and successful. To end the unit, they will then participate in a Level 1 (Intra) sports competition.

Tag Rugby

In this unit, children will learn how to improve their 'running with the ball' technique by showing improved balance and control, especially when moving quickly and changing direction. The children will develop and describe when to run and when to pass to a team mate to avoid losing possession or to create scoring opportunities. They will learn how to describe the attacking line, and why it is effective as well as learn all about how to develop width when attacking and understand why this can be effective during attacks and why creating space is so important. They will learn and further develop their own understanding of the rules and apply these with game and competition situations. To end the unit, they will then participate in a Level 1 (Intra) sports competition.

Football

In this unit, children will learn how to avoid a defender both with and without possession and understand how to make good decisions when choosing to pass or dribble and use space and changes in speed and direction when moving towards the opponents' goal or area. They will learn how to move into space to make it easier to score when attacking and to defend these areas when defending. They will understand the concepts behind different formations as an attacking team and give team roles and responsibilities to take within game situations. They will develop an understanding of why practise is important in

understand when and where changeovers take place on a curved track. Pupils will be able to develop their technique for throwing a shot putt and explore and develop an understanding of how to hurdle safely. The pupils will compete in a KS2 Sports Day.

OAA

In this unit, children will develop their teamwork skills through completion of a number of challenges. Pupils will work individually, in pairs and groups to solve problems. They are encouraged to share ideas to create strategies and plans to produce the best solution to a challenge. Pupils are also given the opportunity to lead a small group. Pupils will progress their understanding on to orientate and navigate using a map and be able to identify objects and locations.

Cricket

The unit of work will refine pupils understanding of battling, applying simple batting tactics. They will refine their understanding of bowling and will learn where, when and why they can apply different bowling skills to prevent the batters from scoring runs. They will refine their fielding skills in catching, stopping and throwing accurately. They will refine their batting technique and apply batting tactics into game scenarios. They will combine all of these skills together and be introduced to umpiring and scoring. To end the unit, they will then participate in a Level 1 (Intra) sports competition.

Tennis

In this unit, children will further develop their forehand and backhand groundstroke when returning a ball and choose the correct shot with some consistency and accuracy. They will learn the underarm serve and understand the rules of serving whilst developing their volley shot and understand when to use it within a game situation. The pupils will work collaboratively with a partner to compete against others. To end the unit, they will then participate in a Level 1 (Intra) sports competition.

	<p>develop their understanding of tackling and learn how to create and apply basic defending tactics. They will refine their shooting technique when pressure is applied. Pupils will be able to develop tactics for both attacking and defending and apply these successfully within their team and understand the importance of transitioning between the two. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p>	<p>improving accuracy and consistency of skills and identify areas within a game that they can improve. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p>	
Year 6	<p><u>Gymnastics</u> The unit of work will focus on applying "excellent gymnastics" through matching and mirroring movements, executed with accuracy and fluidity using a range of apparatus. Pupils will create a sequence of movements, bringing together a combination of both matching and mirroring movements, to create a sequence. They will effectively identify the strengths and areas of improvement for their own and others sequences and give ideas of ways to improve. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Dance</u> The unit of work will challenge pupils to experience dances from different cultural traditions. Pupils will be able to use their bodies to perform technical movements with control and rhythm. Pupils will develop group movements selecting and applying choreography into a performance. They will learn how to create movements from a stimulus creating dances that use compositional principles. Pupils will continue to use their bodies to perform technical movements with control and rhythm. They will learn how to review, describe and evaluate their dance performances. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p>	<p><u>Dodgeball</u> Pupils will refine and create their own attacking and defending tactics, applying these during a game. They will effectively demonstrate the key skills covered in prior units and develop their understanding of why we need to quickly transition from attack to defence and defence to attack when playing dodgeball. Pupils will take responsibility for officiating and managing their own games. Pupils will also look at ways they can further improve their own and others performers to increase chances of winning. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Handball</u> Pupils will consistently apply effective passes, applying decision making as to which pass to make and when in order to keep possession and score. Pupils will create and apply tactics in games adapting them as the game situation changes. They will consolidate their understanding of the rules of the game. They will consolidate their defending by applying defensive tactics within game situations. To end the unit, they will then participate in a Level 1 (Intra) sports competition.</p> <p><u>Tag Rugby</u></p>	<p><u>Athletics</u> The unit of work will challenge pupils to apply their knowledge, understanding and skills into a series of competitions. Pupils will experience competition across all of the different areas of athletics that they have explored. Pupils will have to work hard individually to apply the correct technique as well as collaborating in teams. The pupils will compete in a KS2 Sports Day.</p> <p><u>OAA</u> In this unit, children will demonstrate their teamwork skills through completion of a number of challenges. Pupils will work individually, in pairs and groups to solve problems. They will share ideas to create in depth strategies and plans to produce the best solution to a challenge and justify why they haven't chosen a different strategy with understanding. Pupils will lead a small group showing good communication skills. Pupils will demonstrate their understanding on to orientate and navigate using a map and be able to identify objects and locations around various points on a map.</p> <p><u>Cricket</u> Pupils will consolidate their understanding of batting and effectively select the right correct</p>

Netball

The unit of work will further develop pupils' ability to apply the principles of attack vs defence, with a particular focus on creating more complex attacking tactics in order to move the ball up the court and outwit their opponents, creating an attack that results in a shooting opportunity. The pupils will consistently apply their passing and moving skills to keep possession whilst developing their transition between attack and defence. The pupils will develop their shooting technique and select the appropriate times to shoot. They will effectively demonstrate the footwork rule with increased speed and fluidity of their movements. They will evaluate as a team parts of the game identifying strengths and areas of improvement. To end the unit, they will then participate in a Level 1 (Intra) sports competition.

Hockey

Pupils will learn to consolidate their ability to pass, dribble and move effectively to keep possession and score. They will look to consistently apply effective attacking skills, applying decision making in order to keep possession and score. Pupils will in turn apply pressure when defending to regain possession effectively. They will develop their officiating skills by understanding the rules of the game and applying them within game situations. They will refine their understanding of defending and understand the importance of transitioning from attack to defence as soon as possession is lost. They will develop both of their attacking and defending tactics and identify strengths and areas of improvement. To end the unit, they will then participate in a Level 1 (Intra) sports competition.

In this unit, children will learn how to improve passing technique and accuracy of passes by evaluating how well a team passes the ball, and identify the reasons why possession is lost. They will learn how to improve their ability to run with the ball with more control and when changing speed and direction. They will learn how and why it is important to get into an attacking and defensive line, and understand why these are effective in game situations. They will further develop their own knowledge of rules of Tag Rugby and implement them with small sided games and also understand and implement why set plans can increase the chances of scoring. To end the unit, they will then participate in a Level 1 (Intra) sports competition.

Football

In this unit, children will learn how to perform skills at greater speed whilst communicating effectively to help team mates when attacking and defending. They will learn ways in which they can regain possession for their team through intercepting and tackling. They will further develop their movement into space when shooting from a range of distances and when in different positions. They will understand how to use more effective formations when attacking and defending and be able to identify the most important skills needed for a particular game. They will learn, understand and explain why possession has been lost or the team has failed to score. To end the unit, they will then participate in a Level 1 (Intra) sports competition.

strike when batting against an opponent. They will learn how to effectively communicate in order to apply a range of fielding skills and tactics together. They will learn how to effectively bowl accurately to reduce the amount of runs for the opposition. They will create, understand and apply a variety of different attacking and defending tactics within game situations. To end the unit, they will then participate in a Level 1 (Intra) sports competition.

Tennis

In this unit, children will further develop their forehand and backhand groundstroke when returning a ball and choose the correct shot with some consistency and accuracy. The children will learn to use a split step to react quickly to the ball and keep a continuous rally going. They will become more consistent and accurate with the volley and understand when to use it in a game situation. They will develop their accuracy of the underarm serve and learn to use the official scoring system. To end the unit, they will then participate in a Level 1 (Intra) sports competition.