



# Robins Lane Primary School

## EYFS Physical Curriculum Map

	Autumn		Spring		Summer	
Year N	<b>Settling in/ All About Me</b> In this theme, children will mount stairs, steps or climbing equipment using alternate feet. Children will use movement to express feelings. Children will show awareness of own needs with regard to eating, sleeping and hygiene. Children will also engage in activities requiring hand-eye coordination. They will understand that equipment & tools should be used safely. Children will use large-muscle movements to wave flags and streamers, paint and make marks.	<b>Seasons</b> In this theme, children will use one-handed tools and equipment, for example, making snips in paper with scissors, showing a preference for a dominant hand. Children will sit up, stand up and balance on various parts of the body. Children will Skip, hop, stand on one leg and hold a pose for a game like musical statues. Children will show increasing control in using equipment for climbing, scrambling, sliding & swinging. They will be increasingly independent as they get dressed and undressed, for example, putting coats on and doing up zips.	<b>People Who Help us</b> In this theme, children will start taking part in some group activities which they make up for themselves, or in teams. Children will operate equipment by means of pushing and pulling movements. Children will demonstrate increasing skill and control in the use of mark-making implements, blocks, construction sets & small world activities. Children will be increasingly able to use and remember sequences and patterns of movements which are related to music and rhythm. They will be increasingly independent in meeting their own care needs. They will make healthy choices about food, drink, activity and toothbrushing.	<b>Where I Live/ Healthy Me</b> In this theme, children will negotiate an appropriate pathway when walking or running, both indoors and outdoors; matching their developing physical skills to tasks and activities in the setting. Children will show an awareness of a range of healthy practices with regards to eating, sleeping and hygiene. Children will choose the right resources to carry out their own plan and will collaborate with others to manage large items.	<b>New Beginning</b> In this theme, children will move freely with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping and sliding. Children will judge body space in relation to spaces available when fitting into confined spaces or negotiating openings and boundaries. Children will show respect for other children's personal space when playing together. They will use a comfortable grip with good control when holding pens and pencils.	<b>Farm Animals</b> In this theme, children will persevere in repeating some actions or attempts when developing a new skill. Children will collaborate in devising & sharing tasks, including those which involve accepting rules. Children will observe the effects of activity on their bodies. Children will show increasing control over clothing and fastenings. Start to eat independently and learning how to use a knife and fork.

<b>Year R</b>	<b>Settling in/ All About Me</b> <p>In this theme, the children will revise and refine the fundamental movement skills they have already acquired: rolling, crawling, walking, jumping, running, hopping, skipping, climbing. This will be done in PE sessions and continuous provision. Children will explore different fine motor movements and begin to identify the correct tools for the task they are going to complete scissors for cutting, crockery for eating, a pencil for writing. Children will develop their shoulder and arm movements to support their fine movements when writing, drawing and cutting.</p>	<b>Seasons</b> <p>In this unit the children will progress their fundamental movement skills towards more fluency and confidence in these skills with balance and grace. Children will also use increasing control over an object, such as a ball, by touching, pushing, patting, throwing, catching or kicking it. Children will have a comfortable pen grip to write recognisable letters. Children will develop their shoulder and arm movements to support their fine movements when writing, drawing and cutting.</p>	<b>People Who Help Us</b> <p>In this unit, children will develop the overall body strength, co-ordination, balance and agility needed to in dance. The children will have opportunities for sitting at a table for purposeful tasks that will support and develop their core muscles for their posture. Children will develop their shoulder and arm movements to support their fine movements when writing, drawing and cutting.</p>	<b>Where I Live/ Healthy Me</b> <p>In this theme, children will show some understanding with good practices with regard to exercise, eating, sleeping and hygiene and how this can contribute to good health. Children will continue to develop their dancing skills and combine their movements with fluency and ease. The children will be able to require the skills for quick changes in movement: changing direction when running and begin to walk. Children will develop their shoulder and arm movements to support their fine movements when writing, drawing and cutting.</p>	<b>New Beginnings</b> <p>In this theme, children will develop more fundamental skills and co-ordination through gymnastics. They will practice movements with progression towards fluency and ease with gymnastic styled movements. The children will be able to identify the correct tools for a desired task and use these confidently and independently. Children will develop their shoulder and arm movements to support their fine movements when writing, drawing and cutting.</p>	<b>Transport</b> <p>In this theme, children will use a range of small &amp; large equipment. They will handle tools, objects, construction and malleable materials safely and with increasing control. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently. The children will develop overall body-strength, balance, co-ordination and agility when exercising or tackling tasks they have set out themselves. Children will develop their shoulder and arm movements to support their fine movements when writing, drawing and cutting.</p>
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